



## Positive Behaviour Support with Safe Handling

Stride provides a cost-effective, bespoke and flexible model of delivery which ensures a person-centred approach is at the heart of the programme

### Our values

#### Progress Inclusion Entitlement

**Championing the rights of all:** enabling, supporting and empowering people to live the life they choose

**Our approach:** applies an evidence base with broad expertise by providing experienced and skilled instructors to find and enable solutions that bring about lasting change to the workplace

**Creating a positive impact together:** success is measured by positive impact on people's lives

### Improving quality of life through developing workplace skills and culture

Stride is a new training programme devised by The Woodfield Teaching School Alliance in partnership with a group of behaviour specialists. We offer training programmes to schools and organisations working with children, young people and adults with a range of needs, including social, emotional and mental health and complex learning needs

The Positive Behaviour Support training model of behaviour management is based on an approach that is proactive and person-centred and routed in functional behaviour analysis. The emphasis is on preventative strategies using a holistic approach to behaviour interventions and strategies. It prioritises de-escalation with physical interventions as a planned, risk-assessed, last resort.<sup>1</sup>

## The Stride offer

- **One-day core training:** from £600 up to 12 delegates
- **Two-day core training:** from £1000 up to 12 delegates  
Core training will include introductory modules on understanding the function of behaviour, the principles of positive behaviour support, the law around restrictive physical intervention, demonstration and practice of low and higher level physical intervention techniques
- **Add-on modules:** from £300 for a half day  
Stride will design a bespoke course for your setting with add-on modules which address the story of behaviour in the context of various conditions, e.g. Down's Syndrome, ADHD, ASD and SEMH
- **Five-day instructor training** (internal licence only): £950 per delegate  
This course will enable organisations to have their own Stride instructor, licensed to deliver the core training modules to the whole staff team. Instructors will be required to refresh their training with Stride annually.

*These training sessions can be delivered flexibly to suit your workforce and setting—please call us to discuss your requirements*



For more information contact:

Stride

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<sup>1</sup> Stride physical intervention training is in the process of being accredited by BILD (British Institute of Learning Disability)